



## Relational-Cultural Therapy

By Judith V. Jordan

American Psychological Association, United States, 2009. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book. In Relational - Cultural Therapy, Judith V. Jordan explores the history, theory, and practice of this relationship-centered, culturally oriented form of therapy. Mainstream western psychological theories generally depict human development as moving from dependence to independence. In contrast, relational - cultural therapy is built on the premise that, throughout the lifespan, human beings grow through and toward connection, and that we need connections to flourish, even to stay alive. This theory views isolation as a major source of suffering for people, at both a personal and cultural level. The goal of therapy is to deepen the therapeutic relationship and, ultimately, the client's relationships outside of therapy. Therapy focuses on a client's relational images - positive or negative expectations created by past relationships that in turn influence present and future relationships. Negative relational images often cause disconnection between people, so the relational - cultural therapist seeks to decrease the effect of these negative images and help the client to become more connected with others. The theory behind this approach centers around positive interpersonal factors such as growth-fostering relationships and...



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Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Marilee Harrald-Pilz (illustrator). 224 x 147 mm. Language: English . Brand New Book. This is volume seven, Reading Level 2, in a comprehensive program (Reading Levels 1 and 2)for beginning readers.Two...



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Penguin Young Readers Group, United States, 1993. Paperback. Book Condition: New. James Marshall (illustrator). Reissue. 224 x 147 mm. Language: English . Brand New Book. Using their cache of already published easy-to-read books, Puffin launched their Easy-to-Read program. Favorite stories by such...



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Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...