



## The Holistic Animal Handbook: A Guidebook to Nutrition, Health, and Communication

By Kate Solisti-Mattelon, Patrice Mattelon, Robert Silver

Council Oak Books. Paperback. Book Condition: new. BRAND NEW, The Holistic Animal Handbook: A Guidebook to Nutrition, Health, and Communication, Kate Solisti-Mattelon, Patrice Mattelon, Robert Silver, The Holistic Animal Handbook is the first book to bring together practical information about diet, nutrition, and training with animal communication and emotional balancing techniques. The book guides readers into helping their companion animals themselves and encourages them to work as well with veterinarians, trainers, and healthcare practitioners. It includes chapters that explain how to prepare healthy, holistic recipes and Bach Flower Remedies for restoring an animal's emotional balance, and solutions for common behavioral and training problems. Focusing primarily on dogs, cats, and horses, but relevant to virtually all animals, the book presents a dual premise: Healthy companion animals are better equipped to help the humans they love, just as educated humans are better able to comprehend their animals' needs.



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