



Ladakh Buddhist Culture And Tradition

By Prem Singh Jina

2007. Hardcover. Book Condition: New. 260 Ladakh is one of the remote region of Jammu & Kashmir State in India. Its people were neglected in the past due to the inaccessible terrain and inhospitable climatic conditions. However, Buddhist Yogis (Tib. Rnal-byor-pas-rGod-tsang-pa, stag-tsang-ras-pa etc. Indian Acharyas- Padmasambhava and Naropa and Rinpoches of Geluk, Sakyas, Nyingma and Ka'gyud tradition have made their valuable contribution for the preservation of Buddhist culture and tradition. The Naropa came in Zanskar, Phokar dzong near Shargol and rGod-tsang above Hemis monastery in the high mountain ranges are such hermits where these great siddhas meditated years together. Author who came in Ladakh 1981, visited many such places. The present document is based upon the work, and a study over a long period of stay in Ladakh. This book thus, a multidisciplinary approach to study Ladakhi culture and tradition, and would be useful for tourists, research scholars and those who are interested in Ladakhi Buddhist Culture. About The Author:- Dr. Prem Singh Jina is a renowned scholar and writer and the senior faculty member of Economics Department of Central Institute of Buddhist Studies, Leh-Ladakh. Dr. Prem Singh Jina has made very significant contribution to Ladakh Studies. His publication include...



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