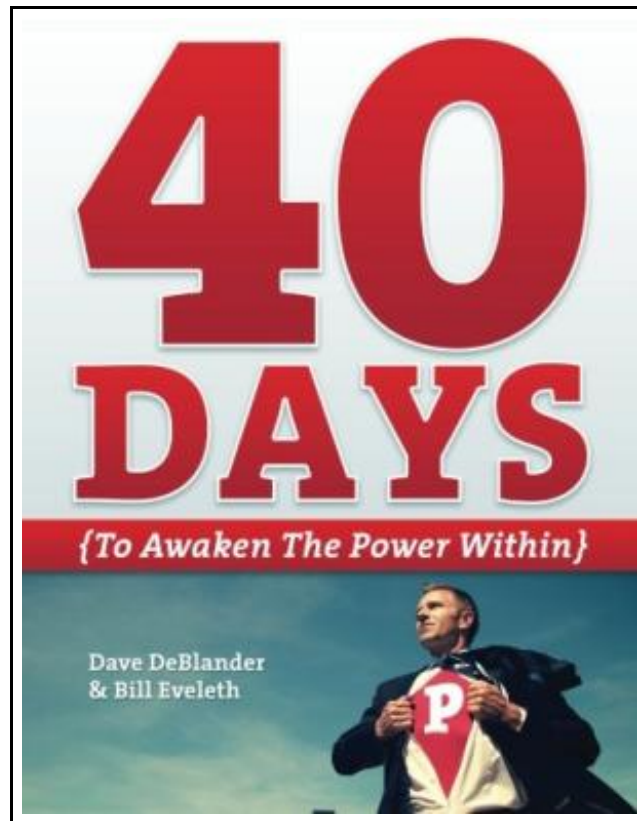


## 40 Days



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### ***Reviews***

*This publication is great. It is full of wisdom and knowledge You will not really feel monotony at at any time of the time (that's what catalogs are for relating to when you ask me).  
(Dr. Everett Dicki DDS)*

## 40 DAYS



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Createspace, United States, 2012. Paperback. Book Condition: New. Large Print. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.40 Days is the success tool of the decade. This is a book and workbook combination giving clear and practical advice and guidance in our journeys to be our best. The book is fun, witty and fast paced, keeping even the most ardent non-reader engaged. It is also thought provoking, engaging and logically sequenced helping even people well on their road to success improve. 40 Days takes the reader on journey of self-discovery leading to and always focused on the Action required to become his or her best. Instead of chapters, 40 Days , has 40 days. Each day will take about 15 minutes to read. At the conclusion of each day is a meaningful exercise which will take about 15 minutes to complete. The exercise (or homework) is directly tied to the learning in the day s readings. Here s an example: Day 12 is titled Self -Discipline and asks the question, If you had the self-discipline to make a decision to do something and it was as good as done, what in the world could stop you? Dave and Bill, the authors, are real people who have struggled with life s ups and downs in the real world. They know that self-discipline isn t something that just happens overnight. They know that most resolutions last only a few weeks. In studying what it takes to have the discipline to actually follow the path to personal achievement, they know that nothing succeeds like success. The workbook for the Self-Discipline Day asks the reader to define what they, the reader, would do if they knew they would stick with it. It goes on to ask the...



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