



Prepper s Cookbook: 30 Survival Food Recipes: (Survival Guide for Beginners, Survival Guide, Survival Tactic, Prepping, Survival, How to Store Food and Water, Prepper s Cookbook, Prepper s Recipes)

By Susan Davidson

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Prepper s Cookbook 30 Survival Food Recipes This book will be very handy for every prepper as it provides instructions towards basic survival techniques and also includes 30 survival food recipes for them, which are easy to cook and will fills you up for the longest possible period of time. If a person is in a situation, in which he has to shift his locations within short periods, he has to know some basic survival techniques which can save him from any unpleasant incident, and also save his time and money. This book will provide a quick glance to some necessary techniques that a prepper must know, as well as 30 quick and easy food recipes best suited for the survival. The main points covered by this booklet are: Survival and basic survival techniques Food items that a prepper must choose Dehydrator meals Quick but nutritious recipes If you are looking for prepping and if you...

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