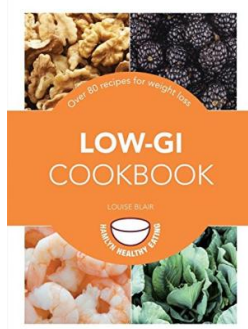


## Low-GI Cookbook: 83 Recipes for Weight Loss



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