



## Moving Beyond Disabilities Personal Safety for the Street and Home: Personal Safety for the Street and Home

By Linda D Moller

Createspace, United States, 2011. Paperback. Book Condition: New. 251 x 201 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Moving Beyond Disabilities is the first of its kind to specifically address personal safety, health and awareness for individuals with unsteady gait, who have need for a cane, who use a walker or wheelchair or are visually impaired. In this book it is clear that living with a disability does not mean that your personal safety is the responsibility of someone else. The empowerment and independence that one can feel by having the knowledge to protect themselves is life changing. The information and instruction in this book is geared towards individuals with disabilities, but is also applicable to anyone interested in their own personal safety. This text is designed to meet the needs of agencies, instructors in the fields of education, community programs, as well as parents and friends who work with and assist individuals with disabilities. The ten chapters include Being Aware Makes a Difference, Home Security, Personal Safety in Your Vehicle, An Unsteady Gait - Its Challenges and Solutions, A Walker s Versatility, A Wheelchair For Your Safety, Reaching Personal Safety with Visual Impairments, and Exercises to...



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